

Temple Israel



Jewish Life Happens Here

the **BULLETIN**

September/October 2018

Elul/Tishri/Cheshvan 5778-5779



Have a Sweet and Happy New Year!

Rosh HaShanah • Sept. 9-10, 2018

TEMPLE ISRAEL
HIGH HOLIDAYS 5779

Worship Schedule

Holiday	Dates	Times	
SHABBAT	Friday, August 31 Saturday, September 1	6:15 pm 10:15 am 8:00 pm	Kabbalat Shabbat Service Shabbat Service, Parsha Ki Tavo Selichot Program
SHABBAT	Friday, September 7 Saturday, September 8	6:15 pm 10:15 am	Kabbalat Shabbat Service Shabbat Service, Parsha Nitzavim
ROSH HASHANAH	Sunday September 9 Monday September 10	5:30 pm 8:00 pm 10:15 am	Family Erev Rosh Hashanah Erev Rosh Hashanah Service Rosh Hashanah Service
SHABBAT	Thursday, September 13 Friday, September 14 Saturday, September 15	7:30 am 6:15 pm 7:00 pm 10:15 am	Morning Minyan Kabbalat Shabbat Service Bring your Own Dinner Shabbat Service, Parsha Vayelech Shabbat Shuva
YOM KIPPUR	Tuesday September 18 Wednesday September 19	6:30 pm 8:00 pm 10:15 am 4:00 pm	Family Kol Nidre Service Kol Nidre Service Yom Kippur Morning Service (see page 5 for more service times) Yom Kippur Afternoon Service
SHABBAT	Friday, September 21 Saturday, September 22	6:15 pm 10:15 am	Kabbalat Shabbat Service Shabbat Service, Parsha Ha'azinu
SUKKOT	Monday September 24	10:15 am	Sukkot Service (see page 6 for more Sukkot programs)
SHABBAT	Thursday, September 27 Friday, September 28 Saturday, September 29	7:30 am 6:15 pm 10:15 am	Morning Minyan Kabbalat Shabbat Service Shabbat Service, Parsha Chol Hamoed
SUKKOT/ SIMCHAT TORAH	Sunday September 30	10:15 am 5:00 pm 6:00 pm	7th day Sukkot Service, Yizkor Bring your own dinner Consecration & Simchat Torah
SHABBAT	Friday, October 5 Saturday, October 6	6:15 pm 10:15 am	Kabbalat Shabbat Service Shabbat Service, Parsha Bereshit
SHABBAT	Friday, October 12 Saturday, October 13	6:15 pm 10:15 am	Kabbalat Shabbat Service Shabbat Service, Parsha Noach
SHABBAT	Friday, October 19 Saturday, October 20	6:15 pm 10:15 am	Kabbalat Shabbat Service Shabbat Service, Parsha Lech Lecha
SHABBAT	Friday, October 26 Saturday, October 27	6:15 pm 10:15 am	Kabbalat Shabbat Service Shabbat Service, Parsha Vayera
SHABBAT	Friday, November 2 Saturday, November 3	6:15 pm 10:15 am	Kabbalat Shabbat Service Shabbat Service, Parsha Chaye Sarah Bar Mitzvah of Jonah Wilbur

From the Pulpit



In just a few days we will once again gather for our High Holiday celebrations. Many will come to Temple with families, others will come alone. Together we will create sacred community. The ram's horn, the Shofar we hear on Rosh Hashanah will propel us into a new year, while reminding us of the importance of self reflection.

The holidays of Rosh HaShanah and Yom Kippur are very complicated. They combine the communal celebrations of a new year, while at the same time there is the very personal process of reflection and repentance. A time to look back on the year, evaluate the way we have treated each other, think about our actions and then ask those we have wronged for forgiveness.

Asking to be forgiven is no easy task. It requires incredible humility and a willingness to receive critique, something most of us find challenging or threatening. Yet, each year our tradition calls on us to engage in this process of self improvement.

The new year also invites us to look towards the future, inspiring us to make better choices, to do more good in the world. The sound of the Shofar also grounds us in our ancient traditions. We hear this distinctive sound and are transported back thousands of generations who have stood, as we do, ready to begin a new year.

We are excited to begin this year with a Sukkot Shabbaton – on the Shabbat of Sukkot we will be joined by Rabbi Larry Englander for a fantastic weekend – See schedule on page 8. Throughout the weekend we will explore some of the ancient and modern ideas of Jewish Mysticism and Kabbalah.

I am looking forward to once again celebrating our High Holiday season with you. May we all be blessed with health and happiness. Wishing you all a good and sweet new year!

Shanah Tovah!

Rabbi S. Robert Morais

President's Message



It's hard to believe how quickly summer has gone. Beautiful weather, travel for some, cottage and camping for others have caused time to fly and provided a break from the rest of the year's routine. But just as certain as the back to school flyers is the return of High Holidays.

Through the efforts of the Ritual Committee, cantorial soloist Daniel Geigerman will be joining us to provide a special musical flavor for the High Holidays. Daniel has been rehearsing with Ellen Asherman and the Temple Liturgical choir. We all know that Temple loves its music and appreciates the hard work and dedication of the musical team. On the August 31st weekend, Daniel will be joining us for Friday evening and Saturday morning Shabbat services and Saturday evening Selichot service. I urge you to come out and get a taste of what's to come during High Holidays.

Rabbi Morais and Rabbi Garten will once again lead our High Holiday services, with the help of our Temple choir, Daniel, and the Ritual Committee.

Please make your arrangements with the office regarding High Holiday tickets, for yourself and for any out of town visitors. Do it now. For everyone's safety and well being, tickets are required for admission. No tickets, no admission. Your cooperation is welcome and appreciated. I also suggest that, where possible, you car pool with others, as street parking nearby on Prince of Wales will likely be unavailable due to the road construction and this will put a strain on the Hellenic centre and Temple parking lots.

While High Holidays are in the spotlight now, work has been going on in other key areas. Our Nominating Committee is working on a slate of directors for the Annual General Meeting in November. The Renovation Vision Project is progressing. Meetings regarding the rabbi transition are being held to discuss and plan next steps, including implementing a rabbi search committee. Temple Israel Religious School is ramping up for another busy year.

Looking forward to sharing prayers and song, healing and remembrance with you and your family, not only at High Holidays, but also at our Friday night and Saturday morning Shabbat services. This is how together we build and strengthen our sacred community.

Wishing you and yours a sweet, healthy, happy new year. Shanah Tovah!

Stephen Asherman, President

School News



Welcome to a new year at Temple Israel Religious School! My vision for TIRS is to create Ottawa's premier center for Jewish learning for JK through Grade 12. Your children will be a part of a positive and interactive learning environment as we partner to create the best possible Jewish education we can offer, using the most up-to-date resources for student-centered lessons and experiences.

We continue to benefit from Jewish Federation of Ottawa's P2G and Geshar Chai programs. In July, I attended the biennial EtzbaH Hagalil P2G Educators' Conference in Israel for the second time. Principals and teachers from Ottawa, Winnipeg, Edmonton, Calgary and Vancouver along with our colleagues from our twin schools in the Upper Galilee came together to both learn and develop curriculum.

At this year's conference, I was able to get to know the principal and teacher of Einat Hagalil (our partner school). Anat, Nomi and I worked to develop a plan for the coming year, making some positive changes and additions beyond being pen pals. This year, "Friends Across the Sea" curriculum will come alive using Google Docs/Google Classroom, videos and more! This program focuses on Jewish Identity and Klal Yisrael (all of the Jewish people) and issues that Jewish children face all over the world. TIRS is the only supplementary school involved in this partnership program which speaks to the level of education TIRS provides and is a great source of pride for us.

We welcome our new "Shinshin," Liam, an Israeli teen between high school and the army on "Shnat Sherut" (a year volunteer service). From September to June, Liam will be working at TIRS on Sundays and Mondays and will also be attending services on Shabbat mornings at Temple Israel.

Family programming at TIRS continues this school year with Jewish holiday and Tikkun Olam themes. Every class will lead a Kabbalat Shabbat Dinner Service or Shabbat morning service. We invite families with children under the age of 6 to TOTally Shabbat (4th Friday of each month), JBaby Shabbat Play Group (1st Shabbat morning of each month) and JBaby Volunteers at Hillel Lodge (4th Thursday of each month) for children under 3. Plans are underway to create more activities for children in Grades 1-6 including a junior choir. If you are interested in joining any of these programs, please feel free to approach me any time.

This year, we will continue to offer classes for Grade 11 - Adult in Conversational Hebrew. This class will help to improve reading skills so that, if you are a parent, you will be better equipped to nurture your child's Jewish education or just have fun!


With all the great things going on in our school, it is no surprise that our enrollment continues to grow. At the end of the last school year we had over 90 students including


Pre-K. In addition, we are anticipating a preschool program on Sunday mornings for 2- and 3-year-olds. Please let me know if you are interested!

I am always open to receive feedback as we work together to ensure success for our children in a safe, inviting, inclusive, and engaging school.

Shana Tova U'metukah --- Wishing you all a sweet and happy New Year!

*Sue Potechin
TIRS Principal*





Temple Israel
Jewish Life Happens Here

TOTally Shabbat

A multi-generational Shabbat program with music, movement and stories for families with children ages 6 & under

Mark your calendars! 5:30 pm on:
 Aug. 24th (*Downstairs; Pizza dinner)
 Sept. 28, Oct. 26, Nov. 23, **Dec. 21
 (All in sanctuary; dinner upstairs)
 **note change of date

With Rabbi Morais & Morah Sue,
TIRS Principal

Join us for a family-friendly dinner
(usually pasta) at 6:00 pm

RSVP by the Thursday before
 613-224-1802 x 5 or
reception@templeisraelottawa.com

Morning Minyan

Join us semi-monthly for our Thursday morning minyan

We begin at 7:30am and conclude by 8:15 am and allows us to start the day with a strong boost of Torah and prayer.

Some people choose to leave immediately after, but we also offer a caffeine boost, a bagel and a little conversation for those that choose to stick around and ease into the morning.

The next minyans will be held:
 September 13 & 27
 October 11 & 25

Temple High Holiday Schedule



L' Shanah Tovah Have a sweet year!

New this year!
**Family High Holiday
Celebrations at Temple**



Free and open to the public! Join us for warm, musical and participatory family services for all ages and stages to welcome in 5779, led by community member and rabbinical student Dara Lithwick.

Erev Rosh Hashanah, Sunday September 9th:

Interactive Family Service at 5:30pm, followed by a light dinner at 6:30pm.

Kol Nidre, Tuesday September 18th:

Light pre-fast dinner at 5:30pm (45 mins), followed by an interactive Family Kol Nidre Service at 6:30pm (45 mins).

These services and communal dinners will take place at Temple. To join us for these services, please rsvp to our office at: 613-224-1802 or by email to reception@templeisraelottawa.com



Musical Labour Day Shabbat Saturday September 1 - 8pm

Meet Student Cantor Daniel Geigerman, who will be leading our High Holiday Services.

Join us for a wonderful Shabbat and Selichot celebration with Cantorial Student, Daniel Geigerman, will be with us to lead services. This very special musical journey will begin Friday at 6:15pm with our Kabbalat service and continues on Shabbat morning at 10:15am.

Selichot will begin Saturday evening at 8pm and Daniel will offer insights into our High Holy Day musical liturgy. This is a wonderful opportunity to meet our Student Cantor, celebrate Shabbat in song, and prepare for the upcoming Days of Awe.

2018 HIGH HOLY DAY WORSHIP SCHEDULE 5779



SUNDAY SEPTEMBER 9 -EREV ROSH HASHANAH **8:00 pm**

Service at the Hellenic Centre
(There is no children's programming or babysitting)

MONDAY SEPTEMBER 10- ROSH HASHANAH DAY **9:30 am**

Children's Service at Temple
(Open to parents and children pre-school to Grade 2)

10:00 am -11:00am
Junior Congregation at Temple
(Grades 3-6) (led by FROSTY)

10:15 am
Rosh Hashanah Morning Service at the Hellenic Centre
(Babysitting available for children below Grade 3)

Tashlich at Hog's Back Falls will follow morning service

TUESDAY SEPTEMBER 18 - KOL NIDRE **8:00 pm**

Kol Nidre at the Hellenic Centre
(There is no children's programming or babysitting)

WEDNESDAY SEPTEMBER 19- YOM KIPPUR DAY **9:30 am**

Children's Service at Temple Israel
(Open to parents and children pre-school to Grade 2)

10:00 am -11:00 am
Junior Congregation at Temple
(Grades 3-6) (led by FROSTY)

10:15 am
Yom Kippur Morning Service at the Hellenic
(Babysitting available until 1pm
for children below Grade 3)

YOM KIPPUR AFTERNOON **1:00 pm**

Afternoon Study Session with Rabbi Morais
Topic for this session: "Wrestling with the Prayerbook"

3:15 pm
Service of Healing with Rabbi Garten

Approx 4pm
Mincha (afternoon services), Martyrology/Yizkor
(Memorial Service) and Neilah (Concluding Service)

After Neilah we proceed to the Temple to Break the Fast

Temple Programs



SUKKOT

MONDAY SEPTEMBER 24 – 1ST DAY SUKKOT

10:15 AM **SUKKOT MORNING SERVICE**

Featuring our Liturgical Choir

Kiddush and Motzi in the Sukkah (weather permitting)

6:30 pm **PIZZA IN THE HUT** for all YOUTHS
(grades 6-12)

Please RSVP to Sue Potechin at 613-224-3133 or

tirs@templeisraelottawa.ca

WEDNESDAY SEPTEMBER 26

6:00 pm PIZZA IN THE HUT for FAMILIES

Cost \$5 per person.

Please RSVP to Sue Potechin at 613-224-3133 or

tirs@templeisraelottawa.ca

SUNDAY SEPTEMBER 30 – 7TH DAY SUKKOT

10:15 AM 7TH DAY SUKKOT MORNING SERVICE & YIZKOR

Featuring our Liturgical Choir and guest Rabbi Lawrence Englander

Kiddush and Motzi in the Sukkah (weather permitting)

SIMCHAT TORAH & CONSECRATION

SUNDAY SEPTEMBER 30

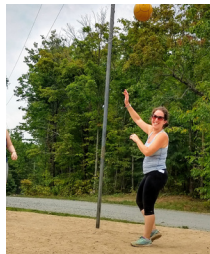
5:00 pm Bring your own dinner

6:00 pm Consecration & Simchat Torah Service



Elul Reflections: On Teshuvah and Summer Camp

by Dara Lithwick, Temple member & rabbinical student



Elul, the final month in the Jewish calendar, is a period of reflection and reconciliation. It is a time focused on teshuvah, literally, on returning, on drawing near to our loved ones and to God to make amends for all the ways that we may have strayed from our best selves or missed the mark over the past year.

This year Elul began on August 12th, which also happened to be the start of the last week of summer camp at magical URJ Camp George, the only Reform Jewish camp in Canada (shalom to the Temple Israel Camp George campers and alums!). I had the privilege of serving as part of the faculty during this first week of Elul/ last week of camp, and it was brilliant, not just in terms of the fun that is had at camp, but as spiritual practice to prepare for the start of 5779 at Rosh Hashanah.

It had been 23 years since I had last attended summer camp, and while I had always loved camp, as we (me, my spouse, and our two little kids) pulled up to the gates of Camp George, I was nervous. Had almost a quarter century changed who I was? What could I offer to camp? What would our kids, almost six and almost three and a half, feel about camp?

As we parked by the main lodge and got our bearings, any nerves disappeared and were replaced by a deep sense of... teshuvah. Returning. Of feeling again what it is like to be in a place of love and freedom and growth and discovery and joy in a natural setting that God must dwell in (because it is just that good). Our kids ran about excitedly, exploring the grounds and the lakefront and the chadar ochel (dining hall), and meeting other kids of fellow staff members who immediately became their best friends for the week.

Each morning at camp I blew my shofar to the tekiah led by the campers. This Elul practice calls us all to wake up, to cherish, to be present. And we lived that presence. Each day we prayed on the beach or overlooking the lake from the scenic outdoor beit tefilah, and it felt like our surroundings prayed with us. Over the week I worked with older campers on applying the lessons of the week's Torah portion to their lives at camp, and talked with younger campers about using our Judaism to tackle social justice issues facing our world.

As we prepared for Shabbat, both my partner and I felt more ourselves than we had felt in a long time. We had returned. We looked around at the campers already becoming community leaders, living a vibrant and compassionate Judaism nurtured at camp, and we knew that the future is in good hands. And finally, watching our own kids play, learn and wonder - just as we did (way back when we were little) - was about as good as it gets.

Wishing all a shanah tovah u metukah!

Dara Lithwick

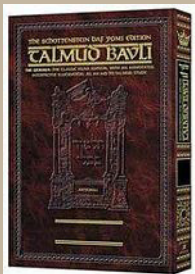
An Introduction to Talmud with Rabbi Garten

Sunday October 28, 2018
Sunday November 4, 2018

10-11am at Temple Israel

You hear it talked about all the time but you don't actually know what it is? Come to Temple and find out more!

Please contact the office to sign up.



Rosh Hashanah Customs

More than many other Jewish holidays, the High Holidays take place in the synagogue. But these synagogue-based holidays can be enhanced through home rituals. Here are some ideas, old and new, for bringing the lessons and themes of Rosh Hashanah into your home.

As with most Jewish holidays, food is the focus of home celebrations of Rosh Hashanah. Families and friends gather for extended meals, which include traditional foods such as apples and challah dipped in honey. Honey, a symbol of the wish for a sweet new year, also appears in other holiday foods, such as tayglach (a honey and nut pastry) and honey cake. Challah, normally braided, is baked round as a reminder of the never-ending cycle of life.



In some families, it is traditional to serve the head of a fish or lamb in the hope that everyone at the table will be at the "head" and not at the "tail" of whatever they do in the new year.

On the second night of Rosh Hashanah, it is common to eat a new fruit— a fruit that participants have not tasted for a long time. This tradition has become a way to literally taste the newness of the year, by enjoying an unfamiliar food. Often, a pomegranate is used as the new fruit, as the pomegranate is said to have 613 seeds, corresponding to the 613 mitzvot (commandments).



The tradition of eating a new fruit need not, however, be restricted to pomegranates. Instead, this ritual can be an excuse for scouting out the "exotic fruit" section of the produce department, or exploring fruit markets to find fruits that family members have not before tasted.

A number of other food-based rituals can also enliven the home celebration of Rosh Hashanah.

Sephardic communities have developed a Rosh Hashanah seder, which revolves around the eating of symbolic foods and the recitation of prayers that transform these foods into wishes for the coming year.

Many of these prayers are based on Hebrew puns involving the food in question. For instance, the prayer before eating a date (tamar in Hebrew) includes the phrase "yitamu hataim"— may the wicked cease. Before eating pumpkin or squash (k'ra'a in Hebrew), Sephardic Jews say "yikaru l'fanekha z'khuyoteinu"— may our good deeds call out our merit before you.

Other symbolic foods include leeks and onions, which are associated with the Exodus from Egypt; beets, whose Aramaic name silka, similar to the Hebrew salak (go away) is used to express the hope that our enemies disappear; and peas or beans, mentioned in the Talmud as ruviah, a word that sounds like the Hebrew "to increase," and therefore indicates a desire for increased blessings in the new year.

The foods eaten and puns used change from community to community, according to the types of vegetables available and the inherited traditions. In planning your own Rosh Hashanah menu, you can be creative in developing your own English puns. For instance, you might eat raisins to commit to raisin' your expectations for the new year" or peas in the hope of increased peace. Your salad might be a chance to say, "Lettuce find happiness in the new year," or "We will beet any obstacles that come our way." Children can be involved in creating puns and devising a menu based on these newly symbolic foods.

Preparation for Rosh Hashanah, as well as the days between Rosh Hashanah and Yom Kippur, can also include discussions of the meaning of teshuvah (repentance) and family resolutions for the new year.

This may be a time for siblings, parents and children to apologize to one another for incidents during the previous year and to make promises for the coming year.

Many people have the custom of sending Rosh Hashanah cards to loved ones. Children can be involved in choosing or drawing these cards, and older children may also write personal messages in some of the cards.

The first day of Rosh Hashanah includes the Tashlich ceremony, in which we symbolically toss away our sins by throwing bread crumbs into a body of running water. To make this ritual more concrete, you might help your children to make a list beforehand of the things they want to throw away. You can also turn the preparation for Tashlich into an art project. Children can paint, with watercolors, what they wish to get rid of in the coming year. When you float the drawings in water, these unwanted habits will magically disappear.

To emphasize the newness of the year, you might try doing something new right before or after the holiday. For instance, you might learn a new game, visit a place you've never been, or try a new hobby. Many people buy new clothes for the holiday and wear these clothes for the first time on Rosh Hashanah. Enjoying a new experience or acquiring new knowledge can spark a conversation about what else new might happen in the coming year.

Rosh Hashanah can be an opportunity for reflecting on the year that has passed and setting goals for the year to come. Taking time for such reflection can make the themes of the holiday come alive for the entire family.

Excerpt from "My Jewish Learning": Rosh Hashanah Customs by Rabbi Jill Jacobs.

Temple Programs



SHABBATON!

September 28-30, 2018

The Jewish Spiritual Quest of Jewish Mysticism & Leonard Cohen

With Rabbi Lawrence Englander

Friday September 28, 2018

Services 6:15pm followed by dinner

Following dinner Rabbi Englander will discuss:

The Jewish Music of Leonard Cohen

Two major themes in Leonard Cohen's music and poetry are love and spirituality – and they often interlap.

While listening to several songs and reading a couple of poems, we'll discover how Jewish tradition influenced his work, and why he identified as a Jew throughout his life.

Saturday September 29, 2018

10:15 am Shabbat morning Services.

Rabbi Englander will address the congregation.

Lunch and Learn: A Taste of Kabbalah

What exactly is Kabbalah, and why is it so difficult to fathom? This session will show how to "break the code" of Jewish mystical literature so that we can hear this rich tradition speaking to us today.

Sunday September 30, 2018

10:15 am SUKKOT Service & Yizkor

Rabbi Englander will discuss:

How Can Kabbalah Enrich Jewish Prayer?

If you ask people what they think or feel during prayer, you would get a wide variety of responses. In the Jewish mystical tradition, prayer is like a journey. We'll hop on board and see where the mystical texts may take us.

Sisterz 'n The Hood/ aka Temple Israel Sisterhood

Hold these dates !

Tuesday September 25th

Pot-Luck Appetizer Get-Together

Tuesday October 16th

Presentation by Deirdre Butler
"Talmudic Tales of Lusty Women
Women's Sexual Desire in the Talmud

Details to follow.

Janet Cohen



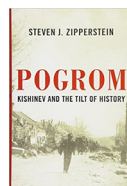
A bagel breakfast at 9:30 a.m. is followed by the book review and discussion. Pre-registration is not required, nor is it necessary to have read the book to enjoy the session. There is no charge but a voluntary donation to cover the cost of breakfast is appreciated.

Sunday, October 21, 2018

POGROM: Kishinev and the Tilt of History by Steven

J. Zipperstein will be reviewed by **Angus Smith**. Angus, a former member of Temple Israel and a popular reviewer who is a noted Russophile, has also had a number of articles published in the Montreal Review of Books.

Separating historical fact from fantasy, an acclaimed historian retells the story of Kishinev, a riot that transformed the course of twentieth-century Jewish history. (Amazon.com)



Sunday, November 18, 2018

DOUBLE COMPARATIVE REVIEW!

Bellevue Square by Michael Redhill and **Dinner at the Center of the Earth-A Novel** by Nathan Englander will be reviewed by **Rubin Friedman** who has written many humour columns and book reviews for the Ottawa Jewish Bulletin. With degrees in French and Russian languages and literatures and Linguistics and Diplomas in Translation/Interpretation and Speech Pathology, he has had a varied career both inside the government and in Jewish and non-Jewish NGOs.

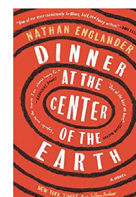
Bellevue Square: a darkly comic literary thriller about

a woman who fears for her sanity—and then her life—when she learns that her doppelganger has appeared in a local park. (Amazon.com) Winner of the 2017 Giller Prize.



Dinner at the Center of the Earth -

A Novel: a political thriller that unfolds in the highly charged territory of the Israeli-Palestinian conflict and pivots on the complex relationship between a secret prisoner and his guard. (Chapters.Indigo.ca)



Most books are available through the Ottawa Public Library and the Greenberg Families Library at the JCC and the Temple library.

For more information please contact Shayla Mindell at

Condolences



זכרונם לברכה

*May their memory forever
be a blessing.*

Condolences are extended to the families of:

Julia Sherman, beloved sister of Jack (Polly) Moran

Norman King, beloved husband of Lucile McGregor

Yahrzeit Plaques

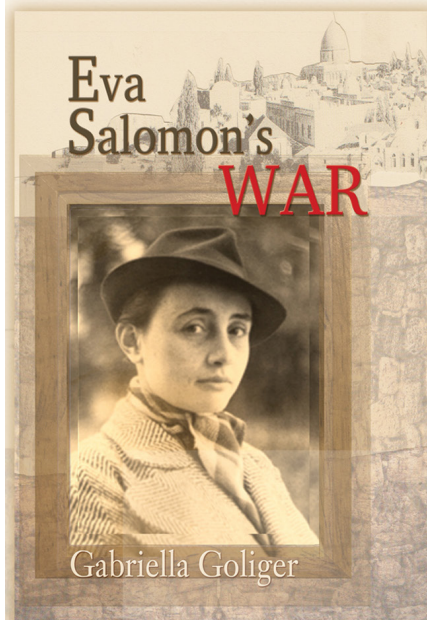


Memorialize your loved ones with a purchase of a Yahrzeit Plaque. Donation is \$400 (tax receipt is issued for this amount).

New plaques are installed annually at our 7th day of Passover service.

Contact the office for more information or to order.

Invitation to Book Launch Celebration



Sunday
October 14, 2018
7:00 pm

copies of
Eva Salomon's War
will be available

Temple Israel
1301 Prince of Wales Dr.
Please RSVP Gabriella Goliger
goliger@rogers.com

Shabbat Oneg

Temple Shabbat Oneg is a wonderful time to catch up with friends and maybe meet some new ones.

Did you know that you can help sponsor an Oneg? Some good reasons to sponsor a kiddush lunch or oneg Shabbat:

- It's your birthday, or your friend's or your pet's etc.
- It's an anniversary of a special event
- In memory of a loved one
- To celebrate special event
- Because you are a swell person who likes to support your favorite synagogue

Your sponsorship helps to offset the cost of providing the weekly basics and more.

Kiddush sponsors are thanked in our newsletter unless you choose to remain anonymous.

Thanks to our past Oneg/Kiddush sponsors and co-sponsors:

Janet & Steve Mendelsohn in observance of the yahrzeit of Jack, Anne & Recia Lynn Mendelsohn.

Hal Burnham & Kevin Bisback in honour of their 15th wedding anniversary.

Lisanne Hendelman in appreciation of Temple

Andrea & Yaron Spanglet in honour of the Bar Mitzvah of their son Jacob

Erev Shabbat Service
4th Friday of each month
at 6:30 pm

Mark your calendars!
Sept. 28, Oct. 26,
Nov. 23, Dec. 21.



Temple Israel
Jewish Life Happens Here

**Join us each month on a musical
adventure! These services may
introduce different music, preview
an upcoming concert, or participate
with a musical guest.**

Temple Celebrations

HAPPY ANNIVERSARY

September Anniversaries

Sheila & Ted Barkun
Sandy & Al Bennett
Hilary Myron & Rob Billingsley
Alison & Matthew Caplan
Ranit Braun & Jason Demorest
Nathalie Thibault-Garber & Richard Garber
Fern Doctoroff & Steffan Hammonds
Lesley & Matthew Feldman
Tamara Taub & David Handelman
Colleen & Rick Labovitch
Patty & Richard Levitan
Miriam Salamon & Bob Moon
Andrea & Thomas Purcell
Deirdre Neuss & David Redekop
Anna Chodos & Larry Rubenstein
Catherine & Lawrence Tarof
Susan Mchardy & Brian Weitzman
Zelda & Leon Zelikovitz

October Anniversaries

Pam & Sandy Allen
Arlene & Gary Bonn
Miriam & Mario Burke
Beryl & Michael Corber
Cindy & Christopher Cottin
Lily & John Cox
Carole Beaudoin & Howard Ellison
Deborah & James Farrow
Jane & Martin Gordon
Denyse Charlebois & Alan Guberman
Mindy Finkelstein & Roy Hanes
Deborah & Mark Holzman
Sharon & William Holzman
Marianne & Michel Jacobs
Lillian & Stuart Lazear
Suzanne Lepine & Paul Lyons
Pat Dunphy & Doug Marshall
Jordana & Chris McIlhinney
Ruth & Mark Phillips
Karen & Rob Rishikof
Renee & Andy Robert
Jessie & Jim Robinson
Margo & Frank Rosen
Miriam Vanderhoff-Silburt & Allan Silburt

Mazel Tov מזל טוב

Mazel Tov to Rabbi Morais on the Bar Mitzvah of his son, Nathan. Nathan celebrated his Bar Mitzvah with family and friends at Camp George.



Mazel Tov to Diana & Len Heitin on the birth of their granddaughter Naomi Mollie Heitin and to the parents Julie & Joel Heitin and sister Eliana (Toronto).

Mazel Tov to Robyn & David Aaron on the birth of their son, Jack Henry Aaron. Mazal Tov also to grandmother, Emily Aaron and Aunt Sara Aaron.

Big brother Rohan introduces Zéphraïm Matte, born Friday, July 13. Maman Arianne, Savta Merle Haltrecht and Grand-Papa Guy Matte welcome their bundle of boy with open arms.



FR STY

FEDERATION OF REFORM OTTAWA SENIOR TEMPLE YOUTH



FROSTY is excited to announce the Executive Board for 2018-2019

President - Anne Khazzam
Co-Programming Vice President & Co-Membership Vice Presidents - Nissa McKean & Morgan Shusterman
Social Action Vice President - Talia Gottfred
Religious & Cultural Vice President - Alexa Leitman
Communications Vice President - Sarah Rishikoff

We're looking forward to an amazing year! Stay tuned for more info about our opening program. FROSTY is the Federation of Reform Ottawa Senior Temple Youth and is open to all Ottawa area Jewish high school aged teens. Come join us!

Lisa Rossman, Advisor

Temple Programs



Revision and Renovation coming to Temple Israel

At a recent Bar Mitzvah, there were family members, grandparents, in fact, who could not get downstairs to the kiddush because we have no elevator. It

is clear that our beloved building is dated and needs some improvement. On the list of renovations and additions to make Temple more welcoming, accessible and versatile are a more spacious lobby, a cloakroom, more washrooms, an elevator, a ramp into the school, and much more.

We are proceeding slowly but surely towards our goal of a beautiful and necessary renovation. We have held several meetings with the architectural team led by Wendy Brawley, of Hobin Architects, and they have visited, taken photos and measurements and gone away to produce the first concept drawings which we hope to have on display before the end of the High Holidays, BUT we will take this one careful step at a time.

While this will cost money, it is essential if we are to meet the future needs of our members, our children and grandchildren, the Jewish community as a whole and the city of Ottawa as representatives of Reform Judaism. We will be sending regular updates.

Patsy Royer, Building Renovation Chair.



Temple attends PRIDE!

Dara Lithwick, Dar Blue & Gabriella Goliger were part of the Temple attendees at this year's PRIDE festivities.



NEW AT TEMPLE ISRAEL BIKUR CHOLIM (VISITING THE SICK) TEAM

Temple Israel is forming its own Bikur Cholim Team. This Team will be different from the Jewish Spiritual Care teams being set up under the auspices of the

Ottawa Rabbinic Council and the Volunteer Services at both the Ottawa Hospital and Heart Institute, and the Queensway Carleton Hospital.

The Temple Israel Bikur Cholim Team will provide friendly visits upon request to congregants that are unwell at home, have recently left hospital and returned home or moved into another setting such as a rehabilitation unit, nursing home or retirement community. Visiting the sick is one of the most important and meaningful Mitzvot (commandments) that we can fulfil. You have the opportunity to bring joy and comfort to someone who is struggling with illness.

If you completed the Temple Cares Course, the Spiritual Care Course, have extensive experience visiting individuals who are unwell and if you are willing to attend a short Temple run training program, this may be for you?

If you have questions or are interested in joining this soon-to-be formed Temple Israel Bikur Cholim Team, please contact Susan Fried at susanfried@rogers.com. An information session will be held at Temple on Tuesday October 2nd at 6.30 p.m. More details to follow in the Temple Israel email Weekly Updates.

**IF YOU ARE A SNOW BIRD...DONT LET THIS STOP YOU!
We still need YOU!**

10:30 am
Kiddush Luncheon to follow

**1301 Prince of Wales Dr
Ottawa ON**

Music & Movement; Play, snack & kvell!

High Holiday

Dates

Next sessions:
Sep 8th
Oct 6th

PosterMyWall.com

R.S.V.P with Ranit at
ranitb@hotmail.com

Temple Israel Ottawa Foundation

In Our Hands, Our Future
Mark Klyman President . Annette Paquin

To support one of these funds with a donation,
call Bobbi Soderstrom 613 230-5865 or
email foundation@templeisraelottawa.ca

Endowment Funds:

Abbey
Remy & Alain Albagli
Anne and Howard Alper
Bercovitch
Gale Blank
B'nai Mitzvah Fund
Bradbury/Klyman
Evelyne Dreyfus
Shlomo Feldberg Memorial
Finkelstein/Scales
Hugo & Gretl Keren Fischer
Freeman/Burgess Family
Joseph Ginsberg
Brian and Susan Gold
Halpern
Halton/Weiss
Haltrecht-Matte
Holzman
Lepine/Lyons
Levitan
Maddams/Weiner
Maslove
Miller/Saibe
Salamon/Moon
Shentow
Singer
Sokoloff/Sabourin
Spergel
Spunt/Mendel
Steingarten
Taub
Friends of Temple Israel
Friends of T.I.(O).F.
Anne-Laure Levain Viner Memorial
Gary & Debra Viner
Wall Family
Walsh/Rosenkrantz

SHLOMO FELDBERG MEMORIAL FUND

In Memory of Shlomo Feldberg
Michael Corber

FREEMAN/BURGESS FAMILY FUND

In Memory of Ted Roseman
Martin Freeman & Joanne Burgess

HALPERN FUND

In Memory of Julie Moran
Hannah & Gerald Halpern

HALTRECHT-MATTE FUND

Refuah Shlema Eric Cohen
Merle Haltrecht-Matte & Guy Matte

HOLZMAN FUND

Speedy Recovery to Evelyn Greenberg
Linda Slotin & Jonathan Fisher

MASLOVE ENDOWMENT FUND

Continued Good Health Joe Stern
Allan & Marsha Maslove

SALAMON/MOON ENDOWMENT FUND

Yahrzeit of Mildred Moon
Bob Moon & Miriam Salamon

WALSH/ROSENKRANTZ FUND

Appreciation of Lisa Rosenkrantz for Brit Milah of Jack Aaron
David & Robyn Aaron

Appreciation of Lisa Rosenkrantz for Brit Milah of Zev Jacob Derrick Salamen
Sandor Derrick

Appreciation of Lisa Rosenkrantz for Brit Milah of Michael Spector
Fran Klodawsky & Aron Spector

Appreciation of Lisa Rosenkrantz for Brit Milah of Isaac Burns
Catherine & Lawrence Tarof

Celebrating a milestone, simcha or a special event?

If you would like to make a donation in honour of this occasion, please see our website, contact our volunteers (see TIOF this page or Temple information next page) or the office and we will make it easy for you!

web designer



Debbie Holzman

www.holzman.ca

debbie@holzman.ca

Temple Donations

Temple donation cards are a lovely way to wish someone mazel tov, celebrate a birth, extend condolences, and for any and all occasions.

Please choose from one of various funds for Temple Israel;

**Bernard Pearl Landscaping
Capital**

**CCRJ Camp George
Library**

**Joseph Ginsberg Educational
Liturgical Resource Library
Outreach**

**Pentateuch Prayerbook
Piano**

Rabbi's Discretionary

**Rabbi Steven Garten Fund for Jewish Living and
Education**

**Dr. Imre Rosenberg Memorial
Social Action**

Potechin Accessibility Fund

**Sylvia Goldblatt Leadership Youth Development
Temple Israel
Youth Scholarship**

Please note: donations are \$18 minimum. Tax receipts are given.

A package of 10 cards/envelopes may also be purchased for you to send yourself. Please contact the office to arrange, cost is \$175 for the package. A tax receipt is given for this donation. If you provide card details to the office, the information will be included in our bulletin.

You can also call either:

Sandy Bennett tel 613-435-5842
email sb@templeisraelottawa.ca

Diane Parkin tel 613-729-9163
email dp@templeisraelottawa.ca

and they will send out a card on your behalf.

LIBRARY FUND

In memory of Jack Moran's sister
Heather & Gary Cohen

In memory of Muriel Dale (mother of Molly Blacher)
Heather & Gary Cohen

LITURGICAL RESOURCE LIBRARY FUND

Wishing Eric Cohen a speedy recovery
Sue Gold, Robin Chernick, Sheila Baslaw, Linda Rossman, Nora Wolfson, Etz Schneiderman, Fran Klodawsky, Linda Slotin & Sandy Bennett

PIANO FUND

Cathy & Larry Tarof on the birth of their new grandson
Miriam Salamon & Bob Moon

Jenny Tarof-Burns and Kyle Burns on the birth of their son Isaac
Miriam Salamon & Bob Moon

POTECHIN ACCESSIBILITY FUND

Wishing Eric Cohen a speedy recovery
Sandra Thomas

RABBI'S DISCRETIONARY FUND

In observance of the yahrzeit of David Mirsky and Herbert Cosman
Deborah Cosman

In appreciation of Rabbi Morais

*Robyn & David Aaron
Joan Brodie & Harvey Morin
Ann Heathcote
Pierre Coulombe*

RABBI STEVEN GARTEN FUND FOR JEWISH LIVING AND EDUCATION

Mazal Tov to Rabbi Garten on his special birthday
*Sandy & Al Bennett
Marsha & Allan Maslove*

TEMPLE ISRAEL FUND

Mazal Tov to Nathan Morais on his Bar Mitzvah
Ellen & Stephen Asherman

Mazal Tov to David Cottin on his Bar Mitzvah
Ellen & Stephen Asherman

Mazal Tov to Sara Bier on her Bat Mitzvah
*Ellen & Stephen Asherman
Marsha Black*

In appreciation to Jewish Memorial Gardens
Temple Israel Pastoral Program

Temple Israel Quilts Warm Hearts in Iqaluit



In July, while visiting their daughter Sara in Iqaluit, Nunavut, Debbie and Mark Holzman delivered six Temple quilts to two staff members of the Agvvik Women's Shelter. In her thank you note, Shelter Director Jeannie

Bishop said: "The quilts you so generously donated are absolutely beautiful. The bright colours represent the beauty of a new born baby. It is incredibly amazing that the women of Temple Israel have distributed quilts throughout the world. Please let the women know we are thankful."

Yahrzeits

Ki Tavo **August 31-September 1**

Salvatore Albagli
Ernest Chernick
Ruth Cox
Jean Delicate
Bertha Ginsberg
Ellen Hanes
Estella Katz
Harvey Koch
Mollye Lyons
Bernard Robert Mortimer
Fred Smeltzer
Ted Tomiuk
Isadore "Gus" Weinstein
James Wheat

Nitzavim **September 7 - 8**

Golda Allister
Harry Chochinov
Audrey Crook
David Finkelberg
Lily Hislop
Pauline Kell
Esther Levy
Betty Polowin
Gyula Salamon
Howard Schneiderman
Sonia Segal
Israel Seligman
Machelle Shapira
Rebecca Spector
Irene Swedlove
Joe Van Praagh

Vayelech **Shabbat Shuva** **September 14 - 15**

Boris "Bo" Blacher
Albert Bossin
Michael Dudar
Lillian Lasker Godine
Louis Aaron Kalin
Harry Max Kalin
Allan Marshall
Mildred Merson
Sophie Mortimer
Joseph Sadowski
Selma Schneider
Samuel David Shaffer
Jean Spunt
Gizella Trattner-Vondra
Murray Webber
Shirley Weiner
Florence Weisz

Ha'azinu **September 21 - 22**

Paul Church
Sam Gershon
Louis Harris
Andor Klein
Shlomo Lupo
Allan Pearlman
Andre Robert
C. Harry Rotstein

Alfred Charles Schwartz
Eva Shore
Nathan Carl Singer
Helen Sparks
David Taller
Albert Winer

Chol Hamoed **September 28 - 29**

Abraham Beare
Maurice Clarke
Morris Cohen
Harry Fine
Ben Fishbein
Frances Garten
Mervyn Ginsburg
Leon Gluzman
Manfred Hoexter
Harry Karp
Alvin Koch
Arthur Lazear
Philip Levenson
Harry Levenstein
Norman Nemerofsky
Sylvia Pollock
Ida Shapiro
Jack Vinokur
Tony Wallis
Morris Weiner
Julius Weiss
Sam Zigman

Bereshit **October 5 - 6**

Eva Chodos
Peter Delicate
Israel Feldman
Edna Frank
Frank Gold
Arthur Goldman
Minnie Goodman
Manny Klein
Anshel Klodawski
Boris Livshits
Lillian Ticktin Mendel
Raja Miller
Carleton Morrill
Sara Rumstein
Lucien Sahal
Nachman Sharon
Dorothy Shragge
Gerald Simmons
Norma Sirett
William Sokoloff
Ruth Strauss
Ida Wexler
Bella Zelikow

Noach **October 12 -13**

Sandor Balint
Mae Bolker
Evelyn Chad
Harry Gencher
Jack Handel
Lazarus Jacob Loeb

Albert Mandel
Lloyd Minovitch
Lionel Mortimer
Rabbi David Powell
Annie Redekop
Fred Schwartz
Harry Sigler
Valerie Simmons
Karol Sladowski
Nance Thomas

Lech Lecha **October 19 -20**

Mavis Dover
Lillian Evenchick
Sydney Hartman
Barbara Shane Kaplan
Isidore Koch
Bertha Koch
Julius Kretzmar
Annette Lipsey
Moe Pellerin
Champlain Rosen
William Sarkas
Samuel Saslove
Robert Schleifer
Nathan Schneiderman
Sydney Murray Sobel
Paul Soderstrom
Morris Spector
Gitta Taub
Sarah Gottdank Torontow
Annette Werk

Vayera **October 26 - 27**

Care Cohen
Rose Dubinsky
Sarah Farrow
Elizabeth Finberg
Harry Fradkin
Theodore Isaacs
Sarah Isaacs
Abe Izenberg
Mary (Sherman) Kalin
Heller
Solomon Kaufman
Millicent Maisie Levison
Charlotte Rosenzweig
Belle Stein
Betsy Swedlove
Freida Weiner

Chaye Sarah **November 2 - 3**

Madeleine Alexandor
Frederick Cook
Linton Crook
Helen Ekler
Rose Frank
Frieda Ruth Goliger
Pauline Eleanor Hodgins
Aaron Kamins
Sylvia Kaufman
Sarah Levenstein
Ray Eva Lipetz
Shifra Lubell

Sophia Magory
Judith Rosberg
Goratsij Shapiro
Morris Teshar
Abraham Weitzman
Gloria Weldon



Yahrzeit: **Remembering on the** **Anniversary of a Death**

Lighting candles and saying Kaddish each year in memory of a loved one.

Yahrzeit is a Yiddish word meaning anniversary of a death. It is the yearly anniversary of a loved one's death. Jews observe yahrzeit at home by lighting a special long-burning candle in memory of the deceased and at Temple **yahrzeit** is observed by reciting the Mourner's Kaddish at services. The names of those observing yahrzeit during the preceeding week are read at our services on Friday nights and Saturdays.

In addition to lighting **yahrzeit** candle many individuals choose to make a donation to mark the observance of a **yahrzeit**. If you would like to make a donation to Temple or sponsor a Kiddush in observance of a loved one, please contact the office.

Calendar

September 2018

Sun	Mon	Tue	Wed	Thur	Fri	Sat
						1 21 Elul Torah Study Shabbat Services SELICHOT 8PM
2 22 Elul	3 23 Elul	4 24 Elul	5 25 Elul TIRS first Wednesday	6 26 Elul	7 27 Elul Kabbalat Shabbat	8 28 Elul Torah Study Shabbat Services JBABY
9 29 Elul EREV ROSH HASHANAH TIRS first Sunday	10 1 Tishri ROSH HASHANAH	11 2 Tishri	12 3 Tishri TIRS	13 4 Tishri Morning Minyan	14 5 Tishri Kabbalat Shabbat Bring your Own Dinner	15 6 Tishri Torah Study Shabbat Services
16 7 Tishri TIRS	17 8 Tishri TIRS first Monday	18 9 Tishri KOL NIDRE	19 10 Tishri YOM KIPPUR	20 11 Tishri	21 12 Tishri Kabbalat Shabbat	22 13 Tishri Torah Study Shabbat Services
23 14 Tishri TIRS 6pm Consecration & Simchat Torah see page 6 21 Tishri 30	24 15 Tishri SUKKOT Service 10:15 am See page 6	25 16 Tishri	26 17 Tishri TIRS Pizza in the Hut 6pm	27 18 Tishri Morning Minyan BOARD MEETING	28 19 Tishri Kabbalat Shabbat TOTally Shabbat SHABBATON WITH RABBI ENGLANDER see page 8	29 20 Tishri Torah Study Shabbat Services SHABBATON WITH RABBI ENGLANDER

OUR VISION STATEMENT

Temple Israel is a vibrant and inclusive Jewish community that welcomes all who seek spiritual connection through the sacred values of Torah, prayer, learning, music, Gemilut Chasadim (acts of loving kindness), Tzedakah (Charity) and Tikkun Olam (healing the world).

As an active member of the Union for Reform Judaism, Temple is linked to the Reform movement in North America, Israel and around the world.

Calendar

October 2018

Sun	Mon	Tue	Wed	Thur	Fri	Sat
	1 22 Tishri TIRS	2 23 Tishri	3 24 Tishri TIRS	4 25 Tishri	5 26 Tishri Kabbalat Shabbat	6 27 Tishri Torah Study Shabbat Services JBABY See page 11
7 28 Tishri	8 29 Tishri NO SCHOOL	9 30 Tishri	10 1 Cheshvan TIRS TALMUD CLASS	11 2 Cheshvan Morning Minyan	12 3 Cheshvan Kabbalat Shabbat Bring your Own Dinner	13 4 Cheshvan Torah Study Shabbat Services
14 5 Cheshvan TIRS	15 6 Cheshvan TIRS	16 7 Cheshvan	17 8 Cheshvan TIRS TALMUD CLASS	18 9 Cheshvan BOARD MEETING	19 10 Cheshvan Kabbalat Shabbat	20 11 Cheshvan Torah Study Shabbat Services
21 12 Cheshvan TIRS	22 13 Cheshvan TIRS	23 14 Cheshvan	24 15 Cheshvan TIRS TALMUD CLASS	25 16 Cheshvan Morning Minyan	26 17 Cheshvan Kabbalat Shabbat TOTally Shabbat	27 18 Cheshvan Torah Study Shabbat Services
28 19 Cheshvan TIRS INTRO TO TALMUD (SEE PAGE 6)	29 20 Cheshvan TIRS	30 21 Cheshvan	31 22 Cheshvan TIRS TALMUD CLASS			

Contact us:

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cathy@templeisraelottawa.com

Rabbi Emeritus: Steven H. Garten

rabbishg01@gmail.com

TIRS Principal : Sue Potechin

tirs@templeisraelottawa.ca

Executive Director: Heather Parker Cohen

execdir@templeisraelottawa.com

Caretaker: Steve Elliott