



Sunday Adult Jewish Exploration at Temple Israel

Are you interested in some “SAJE” wisdom?

Join us on selected Sunday mornings
from 10am – 11:30am.



The sessions are led by Dara Lithwick

Dara works full time as a lawyer in constitutional and parliamentary affairs. She is passionate about Judaism’s culture, food, and people. Dara is pursuing part time rabbinical studies through Aleph, the Alliance for Jewish Renewal. Dara’s eldest child just started at Temple Israel's Religious School and with her partner Marci, Dara loves learning and teaching about the law, Torah, and more. She has previously served on Temple Israel's Executive and Board, as well as on its social action committee, and having led various services and programs at Temple over the past decade. Dara is thrilled to be leading Temple's SAJE series of interactive learning.

January 29th Tu B'shevat : Celebrating Spring - Ok so it’s not spring in Ottawa yet... and yes it’s cold, but in Israel the weather is changing! Let's celebrate spring and the renewal of the trees: Tu B'shevat is the Jewish celebration of our environment. Let’s explore what Judaism has to say about our responsibility to our natural world.

February 12th: Tu B'shevat Seder brunch – Join us for a fantastic brunch of new fruits and tastes. The Tu B’shvat seder was created by the mystics of the 16th Century as a way of celebrating and appreciating the amazing wonders of God’s creation.

March 5th: Unmasking Purim - We often think that Purim is a children’s holiday - far from it! The Megillah – the Book of Esther has so many wonderful messages and hidden meanings. Come and explore the REAL story of Purim!

March 26th: The Song of Songs - One of the Biblical books and is written as an erotic love poem – metaphorically dramatizing the love between the people of Israel and God. There are also many hidden connections to Pesach. Come join us for this fascinating text study.

April 9th: Let’s get ready for Pesach - There are dishes to clean, food to get rid of and a Seder to plan! Come and join us for some wonderful tools for making the Seder meaningful, fun and engaging year after year.

April 23: The Book of Ruth - The incredible story of love and relationship between Ruth and her beloved mother in law. Join us as we unpack this fantastic text gain new insights into modern life.

May 14th (Lag B'Omer): Getting your Omer on, Reform-style! - Each year we count the days between Pesach and Shavuot, as a way of connecting the two holidays. Pesach is the festival of freedom, and Shavuot is the celebration of receiving Torah. Come find out why these two holidays are so closely linked.