



Bikur Cholim

A Jewish Approach to Visiting the Sick

Jewish Pastoral Care Training Program

Held at Temple Israel

Tuesday Evenings - 7:00 p.m. to 9:00 p.m. - May 22 to July 24, 2018

Do you have time to volunteer and are you comfortable around sick and maybe dying people, including in a hospital environment? Are you able to listen well if someone wants to talk, be thoughtful and helpful regarding another person's needs, be sensitive to their beliefs and concerns, and offer encouragement in the face of difficulty.

Spearheaded by KBI, ORH, Temple Israel and the Rabbinic Council of Ottawa, the Ottawa Jewish Pastoral Care Training Program will enable participants who complete the 10 week training course to become part of a newly established volunteer Jewish Pastoral Care Team, based out of either the Ottawa Hospital, Heart Institute or Queensway Carleton Hospital.

May 22	Introduction (Rabbis)
May 29	Bikur Cholim: What is Pastoral Care (Trainers)
June 5	Shema – Active Listening (Trainers)
June 12	L'Chaim: Where there's life, there's grief (Trainers)
June 19	Out of Depths; Levels of Loss (Trainers)
June 26	Aveilut (Part 1) Jewish Mourning (Rabbis)
July 3	Aveilut (Part 1) Jewish Mourning (Rabbis)
July 10	B'Derech: Practicing (Trainers)
July 17	Care for the Caregivers (Trainers)
July 24	Wrap up: Questions & Expectations, Celebration and Certificates (Rabbis)

A Certificate will be issued at the end of the course for those who attend 8 or more of the 10 sessions.

Fee: \$50 for the 10 week course. Payment made to Temple Israel by cheque, visa or mastercard by May 15.

To register please email: reception@templeisraelottawa.com or call 613-224-1802.

For further information about the course, please email **Jane Gordon** at gordon.jane38@gmail.com

The course is open to everyone in the Ottawa Jewish Community.